

HEALTH BAR



## HOMEMADE SODAS

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### MINT

Fresh Lime, Mint Leaves, Himalayan Pink Salt  
Jaggery  
185

### GINGER ALE 🍷

7-Day Fermented Ginger, Lemongrass, Jaggery  
195

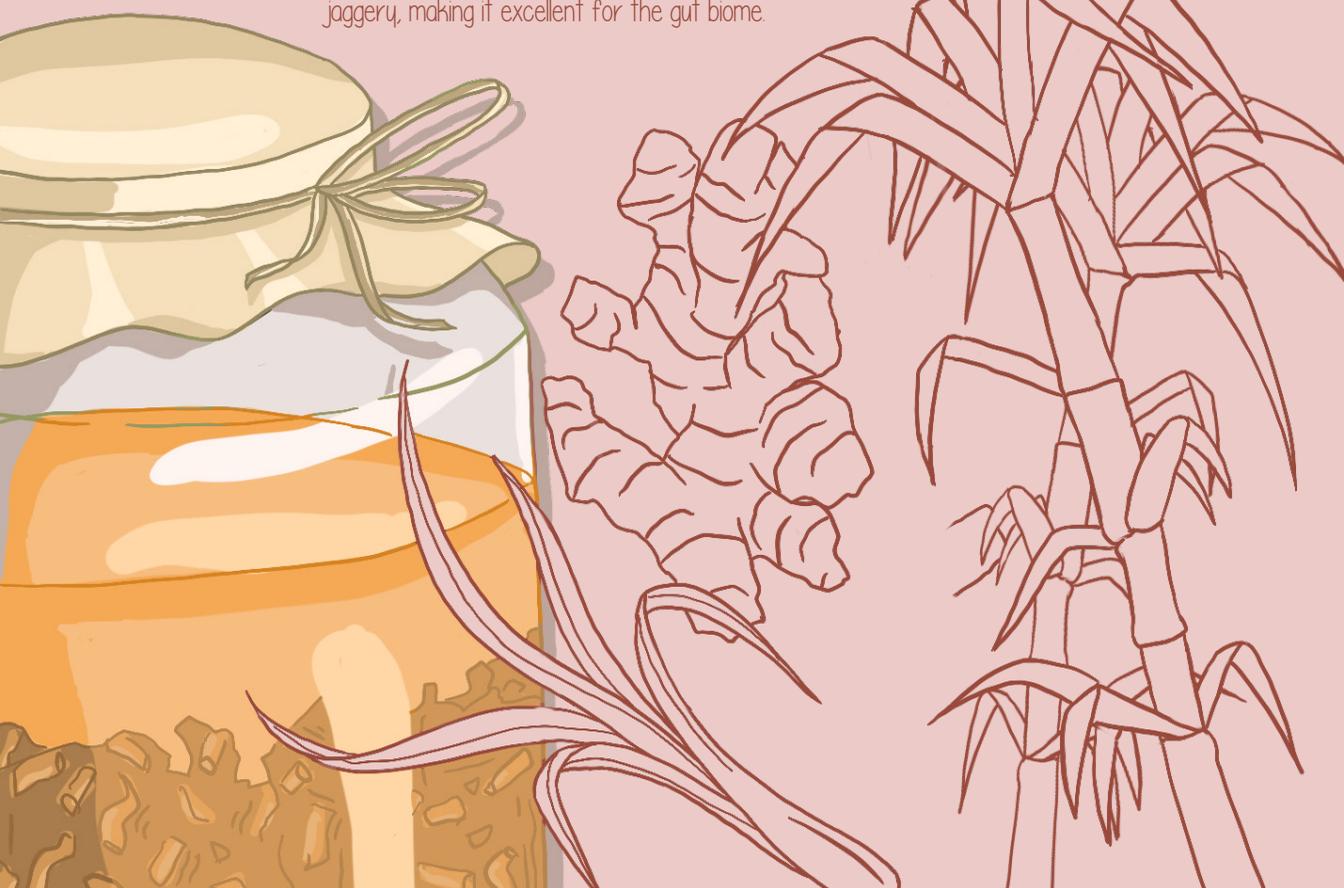
### GREENR COLA 🌿

Fresh Vanilla, Cardamom, Lime, Cinnamon,  
Activated Charcoal, Jaggery  
225

### HIBISCUS ROSEMARY

Hibiscus, Rosemary, Jaggery  
245

Our ginger ale is slow-fermented in the sun every week with freshly harvested lemongrass, ginger root, water and jaggery, making it excellent for the gut biome.



## ICED TEAS

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### LONG ISLAND

Green Tea, Lemon, Mint, Jaggery  
195

### BLUE SPELL

Blue Pea Flowers, Lavender Tea, Strawberries,  
Basil Seeds, Organic Raw Cane Sugar  
225

### PASSION ELATION

Cascara, Passion Fruit, Basil Seeds, Organic Raw  
Cane Sugar  
265

## HAND-PRESSED FRESH JUICES

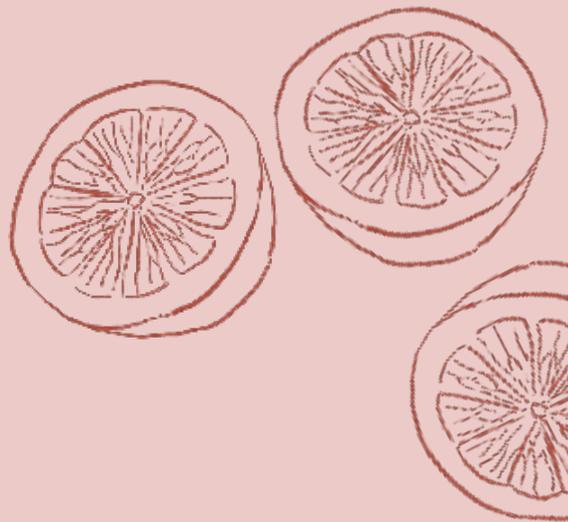
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### SANTA MONICA SUNRISE

Oranges, Black Pepper  
265

### HIBISCUS HIP

Fresh Hibiscus, Pineapple, Basil Leaves, Himalayan  
Black Salt, Organic Raw Cane Sugar  
275



## KOMBUCHA BAR

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### MIDNIGHT BERRY TEPACHE 🍷

By Heypache - 200ml  
225

### SUNSET PINEAPPLE TEPACHE 🍷

By Heypache - 200ml  
225

### PEACH 🍷

By Kultur'd - 220ml  
225

### EXOTIC LIME 🍷

By Atmosphere Studio - 220ml  
265

### APPLE CINNAMON 🍷

By Bhu - 250ml  
295

### LOVELY LAVENDER 🍷

By Shimmimi - 250ml  
275

### CHERRY COLA 🍷

By Odd Fellows - 200ml  
250

### MULLBERRY KEFIR 🍷

By Odd Fellows - 200ml  
250



## HOT TEAS

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### HERBAL

#### VINTAGE CHAI

By Ahista

Ginger, Ashwagandha, Cinnamon, Burdock Root, Goji Berry, Fennel Seeds, Cardamom Seeds, Cloves, Rama Tulsi, Cacao Nibs, Peppercorns, Star Anise, Vanilla Bean, Saffron  
225/Pot

#### TURMERIC SPICED

By Getmytea

Turmeric with Lemon Peel, Lemongrass, Cinnamon, Ginger, Cardamom, Black Pepper  
215/Pot

#### SUPER GREEN

By Bharat Moringa

Moringa Tea Leaves  
215/Pot

#### HIBISCUS SOUR

Hibiscus Flowers, Strawberries, Fennel, Star Anise, Lemon, Organic Raw Cane Sugar  
215/Pot

#### OG LEMON GINGER

Lemongrass, Ginger, Black Pepper, Mint, Lime, Tenacious Beehive Honey  
195/Pot

### GREEN

#### MOROCCAN MINT

By Ahista

Green Tea, Spearmint  
215/Pot

#### JASMINE MOGRA

By Ahista

Green Tea, Mogra (Jasmine)  
215/Pot

### BLACK

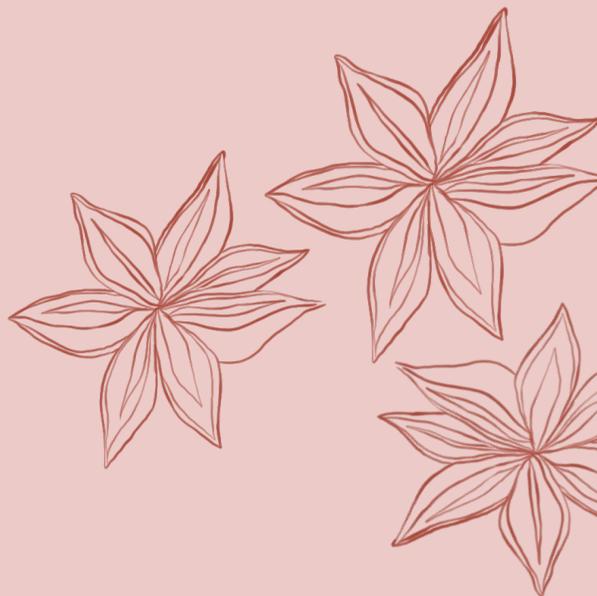
#### OG MASALA CHAI

Black Tea, Rose Petals, Ginger, Cardamom, Fennel, Cinnamon, Nutmeg, Black Pepper, Millet Milk  
225/Cup

#### AYURVEDIC ANTI-STRESS TEA

By Exalté

Black Tea, Licorice Root, Ginger Root, Fennel, Cardamom, Cinnamon, Lemon Peel  
225/Pot



# SMOOTHIES

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Regular: 300ml | Bowl: 300ml + Toppings

Choose from: Chocolate Chip Granola | Peanut Butter Amaranth Muesli 🌿

## JAMAICAN JAMMER

Strawberries, Raspberries, Banana, Pomegranate, Organic Raw Cane Sugar, Almond Butter, Mint, Almond Milk

Regular - 345 | Bowl - 445

## PINK TANGO

Pink Guava, Strawberries, Organic Raw Cane Sugar, Basil Seeds, Coconut Milk

Regular - 395 | Bowl - 495

## LOVE YOURSELF MORE

Celery, Cucumber, Spinach, Mint, Mango, Guava, Organic Jaggery, Lemon, Watermelon Seeds, Coconut Milk

Regular - 395 | Bowl - 495

## MANGO PASSION

Mango, Passion Fruit, Organic Raw Cane Sugar, Basil Seeds, Basil Leaves, Coconut Milk

Regular - 465 | Bowl - 525

## PSYCHEDELIC PURPLE 🌿

Apple, Beetroot, Carrot, Banana, Raspberries, Hemp Seeds, Vanilla, Nutmeg, Fig, Peanut Butter, Organic Jaggery, Almond Milk

Add: Cosmix Plant Protein Powder + 50

Regular - 465 | Bowl - 525

## HAIL KALE 🌿

Kale, Banana, Spinach, Ashwagandha, Mint, Organic Jaggery, Pineapple, Almond Butter, Pumpkin Seeds, Almond Milk

Regular - 445 | Bowl - 525

## MOCHA MUCHO 🌿

Callebaut Dark Chocolate, Banana, Vanilla, Dates, Cold Brew Coffee, Peanut Butter, Coconut Milk

Add: Cosmix Plant Protein Powder + 50

Regular - 445 | Bowl - 525

## CREAMY CUSTARD APPLE 🌿

Custard Apple, Banana, Cashew Butter, Star Anise, Organic Raw Cane Sugar, Almond Milk

Regular - 445 | Bowl - 545

## ACAI BERRY

Acai Powder, Blackcurrants, Apple, Raspberries, Pineapple, Mint, Organic Jaggery, Almond Milk

Regular - 565 | Bowl - 665



## HOT COFFEES

## COLD COFFEES

All milk-based coffees are made with A2 dairy milk but can be made dairy-free with your choice of our in-house almond or coconut milk, or AltFoods millet milk for an additional Rs. 50.

### ESPRESSO

Single Shot (30ml)  
150

Double Shot (60ml)  
210

### AMERICANO

Espresso Stretched With Water  
205

### CAPPUCCINO

Espresso, Well-Foamed Milk  
235

### LATTE

Espresso, Milk, Foam  
245

### FLAT WHITE

Double Shot Espresso, Milk, Foam  
265

### MOCHA

Espresso, Milk, Callebaut Dark Chocolate  
265

### BOMBON

Espresso, Milk, Condensed Milk, Callebaut Dark Chocolate  
265

### PEANUT BUTTER LATTE

Espresso, Almond Milk, House Peanut Butter, Date Syrup  
245

### TURMERIC GINGER LATTE

Espresso, Milk, Ginger, Turmeric, House Coconut Butter  
265

### ICED AMERICANO

Espresso, Water  
215

### ICED LATTE

Espresso, Milk  
245

### ICED MOCHA

Espresso, Milk, Callebaut Dark Chocolate, Organic Jaggery  
265

### HOUSE COLD COFFEE

Espresso, Milk, Organic Jaggery  
295

### GREENR FRAPPE

Espresso, Milk, House Almond Butter, Walnuts, French Vanilla Ice-Cream  
325

### BLUEBERRY FRAPPE

Espresso, Milk, Blueberries, Raspberries, French Vanilla Ice-Cream  
375



## COLD BREW COFFEES

## POUR OVER - HOT OR ICED

All milk-based coffees are made with A2 dairy milk but can be made dairy-free with your choice of our in-house almond or coconut milk, or AltFoods millet milk for an additional Rs. 50.

With Martin Cold Brew Coffee

### DARK MARTIN ☿

Pure Cold Brew - includes takeaway bottle  
235

### CITRUS MARTIN

Orange Wedge, Orange Juice, Mint  
245

### SAIGON MARTIN

Condensed Milk, Cacao Powder  
265

### SECOND DATE WITH MARTIN

Blanched Almonds, Dates, Coconut  
265

### CLASSIC

100% Greenr Arabica  
245

### BLUEBERRY

100% Greenr Arabica infused with  
Fresh Blueberries  
255

### TURKISH

100% Greenr Arabica infused with Cardamom  
245

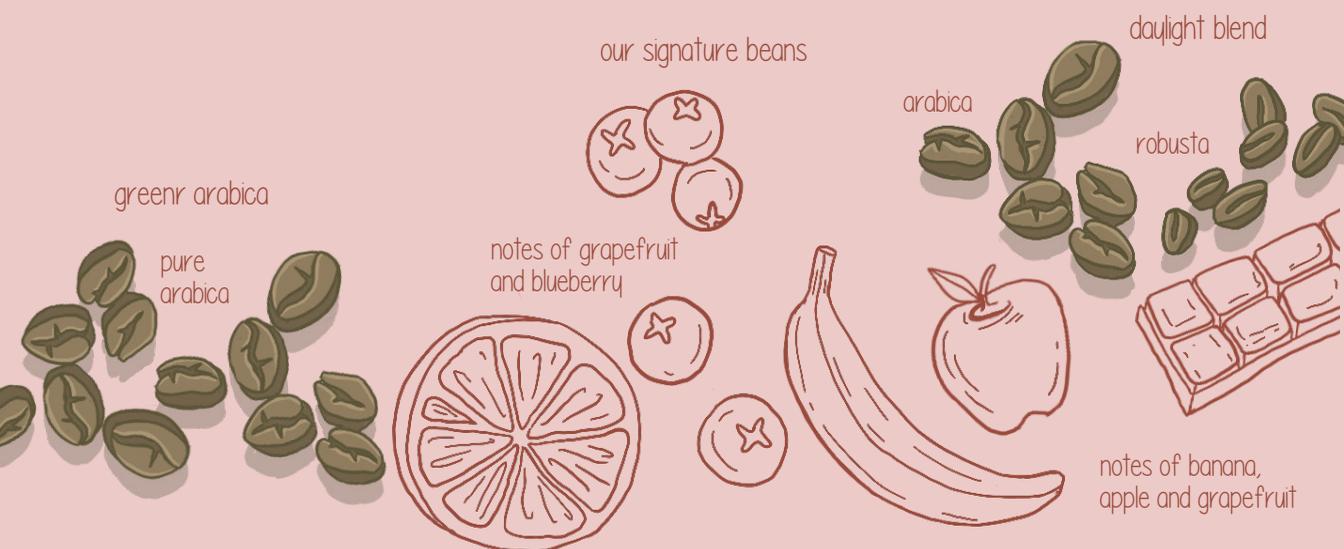
## SIGNATURE DRINKS

### BELGIAN HOT CHOCOLATE

Callebaut Dark Chocolate, Milk, Cinnamon,  
Nutmeg, Organic Jaggery  
295

### ICED MASALA CHAI

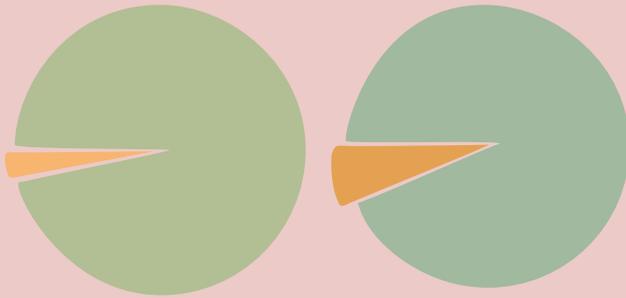
Black Tea, Rose Petals, Ginger, Cardamom,  
Fennel, Cinnamon, Nutmeg, Black Pepper,  
Millet Milk, Organic Raw Cane Sugar  
285



# GUIDE TO EATING AT GREENR

Greenr is an urban hub facilitating plant food and planet restoring community actions.

## FOOD AT GREENR IS:



JOIN US ON A JOURNEY WITH CLEAN, PLANT BASED AND GLOBALLY INSPIRED FOOD

- Plant Based
- Dairy Based
- Clean and Whole
- Processed

## ALLERGENS:

For all our patrons who are sensitive to dairy, nuts and gluten, please look out for these icons marking their presence in our food and drinks.

-  Contains Peanuts
-  Contains Dairy
-  Gluten Free

## GLUTEN SCALE:



We add an optional service charge of 10% for the hands behind your food but are happy to remove this. GST is not included in the service charge mentioned.

We list only the major ingredients in each dish to indicate the intention and flavour profile. If you have any specific food allergies, please check with our kitchen directly.

\*Greenr has been fine-tuning its understanding of fermented drinks and vegetables for years now. Fermented vegetables have a high dosage of live natural probiotics, live digestive enzymes, and aid digestion.